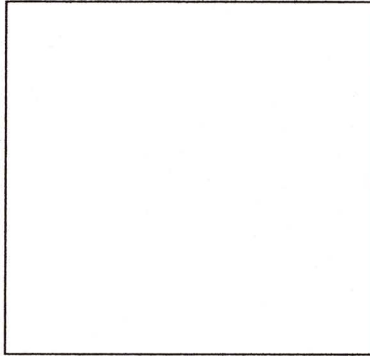


# IODINE PATCH TEST INSTRUCTIONS

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

1. Begin this test in the morning (**after showering**).
2. Use Tincture of Iodine to paint a "2 X 2" square on the inner arm.
  - Tincture of Iodine is available from any drugstore or pharmacy. Be sure it's the original orange colored solution and not the clear solution.



3. Write down your starting time: \_\_\_\_\_ : \_\_\_\_\_ am
4. Observe the coloration of the patch over the next 24 hours.
5. Record the hour of time for the following:
  - Hour patch began to lighten: \_\_\_\_\_ : \_\_\_\_\_ am / pm
  - Hour patch disappeared completely: \_\_\_\_\_ : \_\_\_\_\_ am / pm
6. Describe patch site after 24 hours: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
7. Any other observations or comments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_